

2026 JIMI Symposium

Forging New Paths: Leadership, Connection & Innovation to Sustain Joy in Medicine

Thompson Houston Hotel | Friday, October 2 | 8:30am – 3:30pm

Time	Session	Speakers
7:00 – 8:30 AM	<i>Check In & Breakfast</i>	-
7:30 – 8:30 AM	<i>Poster Session & Innovation Hub</i>	-
Morning: Grounding & Context		
8:30 – 9:00 AM	Forging New Paths: Grounding in Purpose and Connection ^[C,P]	Stacy Auld, D.Min Marc Boom, MD Shlomit Schaal, MD, PhD, MHCM
9:00 – 10:00 AM	Keynote: What Gets in the Way and What Sustains Joy in Medicine ^[C,P]	Albert Wu, MD, MPH
10:00 – 10:30 AM	The JIMI Journey: What We've Learned and What Comes Next ^[E,C]	Shlomit Schaal, MD, PhD, MHCM
10:30 – 10:45 AM	<i>Pause & Connect: A Moment to Reset</i>	-
Midday: Leadership & Innovation		
10:45 AM – 12:00 PM	Practical Moves, Meaningful Impact: Leadership Actions That Support Well-Being ^[E,C,P]	J Bryan Sexton, PhD Gregory Wallingford, MD Sapna Singh, MD
12:00 – 12:45 PM	Trailblazers: What Meaningful Change Looks Like in Practice ^[E,C]	Brooke Schweitzer, PA & Bree Andrews, MD Tesha Montgomery, MHA, RN
12:45 – 1:30 PM	<i>Midday Roundup: Lunch Innovation Hub Poster Session & Awardee Recognition</i>	-
Afternoon: Alignment & Action		
1:30 – 2:30 PM	Moving Forward Together: Perspectives on Leading Change ^[E,C]	Elizabeth Coleman, MD Kayla Gutierrez, NP J. Bryan Sexton, PhD
2:30 – 2:45 PM	<i>Pause & Connect: A Moment to Reset</i>	-
2:45 - 3:30 PM	Commitment to Action & Closing Reflection ^[C,P]	Kelly D. Holder, PhD
3:30 - 4:30 PM	<i>Forge Connections: Celebrate, Connect & Unwind</i>	-

