

Houston Methodist's 2026 JIMI Symposium

Forging New Paths: Leadership, Connection & Innovation to Sustain Joy in Medicine
Thompson Houston Hotel | October 2 | 8:30am – 3:30pm

TIME	SESSION	SPEAKER
7:00 – 8:30 AM	Check In & Breakfast	-
7:30 – 8:30 AM	Poster Session & Immersive Innovation Experience	-
8:30 – 9:00 AM	Welcome Session - <i>Forging New Paths: Grounding in Purpose and Connection</i>	Stacy Auld, D. Min Marc Boom, MD Shlomit Schaal, MD, PhD, MHCM
9:00 – 10:15 AM	Keynote Presentation - <i>What Is Getting in the Way and What Can Sustain Joy in Medicine</i>	Albert Wu, MD, MPH
10:15 – 10:45 AM	Featured Presentation - The JIMI Journey: What We've Learned and Where We're Going Next	Shlomit Schaal, MD, PhD, MHCM
10:45 – 11:00 AM	Break - <i>Pause & Connect: A Moment to Reset</i>	-
11:00 – 11:45 AM	Plenary Session - <i>Small Moves, Big Impact: Leadership Actions That Support Well-Being</i>	J Bryan Sexton, PhD Gregory Wallingford, MD Sapna Singh, MD
11:45 AM – 12:15 PM	Plenary Session - <i>Trailblazers: Reducing Friction in Medicine</i>	Brooke Schweitzer, PA & Bree Andrews, MD Tessa Montgomery, MHA, RN
12:15 – 1:00 PM	Midday Roundup: Explore, Connect, and Refuel	-
1:00 – 1:45 PM	Plenary Session - What We're Experiencing: A Shared View Across Roles	Clair Kuriakose, PA Daniel Murphy, MD J Bryan Sexton, PhD Elizabeth Coleman, MD
1:45 – 2:00 PM	Break - <i>Pause & Connect: A Moment to Reset</i>	-
2:00 - 2:45 PM	Building Change Together: What We Need from One Another to Move Forward	Clair Kuriakose, PA Daniel Murphy, MD J Bryan Sexton, PhD Elizabeth Coleman, MD
2:45 - 3:30 PM	Commitment to Action & Closing Reflection	TBD
3:30 - 4:30 PM	Forge Connections: Celebrate, Connect, and Unwind	-