

1st Annual Joy in Medicine Initiative (JIMI) Symposium *Reimagining Joy and Purpose in Medicine InterContinental Houston Friday, November 1, 2024

| 8.45am = 8.46am 8.48am = 8.50am 8.50am = 8.60am 8.50am = 9.00am 8.50am | | Friday, November 1, 2024 | | | | | |
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| System Director Spiritual Care and Values Integration Houston Methodist Welcome Message Marc Boom, MD, MBA President and CFD Houston Methodist Introduction Stephanie Jones-Wood, MPH Director Professional Fuffillment and Experience, Houston Methodist Professional Fuffillment and Experience, Houston Methodist President Chief Physician Organization Shomit Schaal, MD, PhD, MHCM Executive Vice President Chief Physician Frequency Houston Methodist Physican Organization Keynote Event Tars Shanafet, MD Chief Wellness Officer, Stanford Medicine Associate Dean, Stanford School of Medicine Professor, Department of Medicine Professor, Department of Medicine Professor, Department of Medicine Professor, Department of Medicine Professor, Unlongy Associate Portessor, Unlongy Houston Methodist Hospital Transition & Refreshments Efficiency of Practice Dranam Beautiful Medicine Personal Resilience Personal Res | | Opening Prayer | | | | | |
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| Welcome Message Marc Boom, MD, MBA President and CEO Houston Methodist Stephanie Jones-Wood, MPH Director Professional Fulfillment and Experience, Houston Methodist Shlomit Schaal, MD, PhD, MHCM Executive Vice President Chief Physician Executive, Houston Methodist President and Chief Physician Executive, Houston Methodist Physician organization Keynote Event Talk Shanafet, MD Chief Wellness Officer, Stanford Medicine Associate Dean, Stanford School of Medicine Professor, Department of Medicine Associate Dean, Stanford School of Medicine Professor, Department of Medicine Professor, Department of Medicine Associate Dean, Stanford School of Medicine Professor, Department of Medicine Associate Dean, Stanford School of Medicine Professor, Department of Medicine Professor, Department of Medicine Associate Professor, Unology Associate Professor, Uno | 0.43am - 0.40am | System | Director Spiritual Care | and Values Int | egration | | |
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| Model for Organizational Well-Being "Cultivating Efficiency of Practice" "Radical Wellness: Self Care and | | | | | "Radical Wellness: Self Care and | | |
| Success" through Daily Management" Personal Resilience" | | | | | | | |

| 11:25am - 12:20pm | Lunch & Poster Exhibition | | | | | |
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| | Wellness Leadership Panel Discussion | | | | | |
| | Leadership's Role in Cultivating Efficiency and Wellbeing | | | | | |
| | | | 9 | | | |
| | Moderator | | | | | |
| | Linda Pearson, MD | Cara Geary, MD | Alicia Kowalski, MD | | | |
| | Anesthesiology, | Chief Wellness Officer | Certified Chief Wellness Officer | | | |
| | Interventional Pain Medicine | UTMB Health, University of Texas | Chair, Burnout to Brilliance | | | |
| 12:20pm - 1:05pm | Medical Acupuncture and | Medical Branch | Symposium | | | |
| | Lifestyle Medicine | | | | | |
| | Houston Methodist The Woodlands | odlands | | | | |
| | Susan Matulevicius, MD | Sapna Singh, MD Gregory Wallingford, MD | | | | |
| | Associate Dean of Faculty Wellness | Chief Wellness Officer | Assistant Dean for Professional | | | |
| | and Chief Faculty Wellness Officer | Texas Children's Hospital | Fulfillment & Well-Being | | | |
| | University of Texas | · | University of Texas at Austin | | | |
| | Southwestern Medical Center | | Dell Medical School | | | |
| | | Keynote Event | | | | |
| 1:05pm – 1:50pm | | Kathleen Perno, MBA, RN | | | | |
| 1.03pm 1.30pm | | President, Well-Being Solutions, LLC | | | | |
| | Co-Cr | nief Well-Being Officer, Kettering Heal | th GME | | | |
| 1:50pm - 2:00pm | | Transition & Refreshments | | | | |
| | Culture of Wellness | Efficiency of Practice | Personal Resilience | | | |
| | Anita Pangala MAD | Jordan Dala, MD and | Adarch Phimrai MD | | | |
| | Anita Bangale, MD "Strength in Numbers: The Peer | Jordan Dale, MD and Anjali Kohli, MD | Adarsh Bhimraj, MD "The Power of Presence: Fostering | | | |
| | Coaching Revolution" | "Finding Joy in Epic" | Wellness through Awareness and | | | |
| | 00006 1.010 | | Equanimity" | | | |
| | Tamara Beckford, MD | | , , | | | |
| | "Cultivating a Culture of Wellness" | | | | | |
| | | | | | | |
| | Chandra Bautista, PhD | Todd Pickard, DMSc, PA-C | Gregory Charlop, MD | | | |
| 2:00pm – 3:15pm | "Creating a Culture of Wellness: The Role of Emotional Well-Being" | "The Impact of Team-Based | "Purpose Builds Resilience - Defeat | | | |
| | Note of Efflotional Well-Beilig | Care on Professional Fulfillment" | Burnout with a Passion Project" | | | |
| | Ethan Burns, MD | ruiiiiiieiit | | | | |
| | "From Mentee to Mentor - Passing on | | | | | |
| | the 10 Commandments of Physician | | Faisal Masud, MD | | | |
| | Wellness to the Next Generation" | | "Compassion - The Secret Ingredient" | | | |
| | 0 0 1 10 | Margaret Head, MSN, MBA, | | | | |
| | Sapna Singh, MD and | Shaun Stephenson, MHA and | | | | |
| | Daniel Gollins, MHA "Bridging the Gap: Collaboration | Shayna Upchurch, MD | | | | |
| | Between Physicians and Leadership as a | "Cultivating Efficiency of Practice | Gia Washington Readoux, PhD | | | |
| | Model for Organizational Well-Being | through Daily Management" | "Radical Wellness: Self Care and Personal | | | |
| | Success" | | Resilience" | | | |
| 3:15pm - 3:25pm | | Transition | | | | |
| | Unveiling Houston Methodist's Strategy for Physician and APP Well-Being | | | | | |
| | Shlomit Schaal, MD, PhD, MHCM Executive Vice President Chief Physician Executive, Houston Methodist; President and Chief Executive Officer, | | | | | |
| 3:25pm - 3:45pm | | | | | | |
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| | ц | ouston Methodist Physician Organizat | | | | |
| 3:45pm – 4:30pm | Networking Happy Hour & Live Performance | | | | | |
| 1.50piii | Networking happy hour & live renormance | | | | | |