

Breast Cancer Updates for Primary Care



JAN. 28, 2023

Course Directors:

Fernando A. Angarita, MD, MSc, FRCSC, and Candy Arentz, MD, MBA, FACS

HOUSTON
Methodist[®]
NEAL CANCER CENTER



AGENDA

TIME	PRESENTATION	SPEAKER(S)
8:00 – 8:10 AM	Welcome and Introductions	
8:15 – 8:35 AM	Benign Breast Disease	Sandra F. Templeton, MD, FACS
8:40 – 9:00 AM	Breast Cancer Screening Methods and Recommendations	Rajul R. Mehta, MD
9:05 – 9:25 AM	Breast Cancer Risk and Genetics	Tiffiney G. Carter, MS, CGC
9:30 – 9:45 AM	Multidisciplinary Approach to Breast Cancer Treatment	Candy Arentz, MD, FACS
9:45 – 10:00 AM	Break and Exhibits	
10:00 – 10:20 AM	Surgery of the Breast and Axilla	Fernando A. Angarita, MD, MSc, FRCSC
10:20 – 10:40 AM	Role of Radiation Therapy	Bin S. Teh, MD, FACR, FASTRO, FACRO
10:45 – 11:05 AM	Breast Reconstruction	Jeffrey D. Friedman, MD
11:05 – 11:30 AM	Role of Systemic Therapy	Polly A. Niravath, MD
11:30 – 12:00 PM	Breast Cancer Survivorship	Shayo Omidele, MSN, APRN, NP-C with Special Guest: Dawn Compton, Breast Cancer Survivor
12:00 – 12:30 PM	Question and Answer and Closing Remarks	
12:30 PM	Adjourn	

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FACULTY

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SPECIAL GUEST

Dawn Compton

Founder, Blessing Box Project
Breast Cancer Survivor

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PROGRAM OVERVIEW

Breast cancer is the most common cancer and the second leading cause of cancer deaths among women in the United States. The goal of this conference is to provide primary care providers from various backgrounds with important updates about breast cancer that can be incorporated into their practice. The conference aims to help bridge the rapidly widening gap between primary care and the latest knowledge about breast cancer risk factors, current screening methods and guidelines, state-of-the-art multimodal treatment, and issues related to survivorship and quality of life.

TARGET AUDIENCE

Primary care physicians, internists, family medicine practitioners, hospitalists, physician assistants, nurse practitioners, nurses, residents, fellows, and medical students will benefit from this course.

EDUCATIONAL OBJECTIVES

At the conclusion of this activity, the participant should be able to:

- Discuss benign breast disease with increased risk for breast cancer
- Discuss risk factors for breast cancer and current screening methods and guidelines
- Discuss the implications of genetic syndromes and mutations on breast cancer risk, screening and treatment recommendations, and survivorship
- Recognize the advantages of breast cancer care in a multidisciplinary setting
- Discuss surgical options for breast cancer
- Discuss reconstruction options for breast cancer
- Discuss the role of systemic and radiation therapy in curative and palliative settings
- Recognize the impact of surgery, systemic therapy, and radiation therapy on quality of life and survivorship

NURSING OUTCOMES STATEMENT

Upon completion of this activity, the registered nurse will have enhanced knowledge regarding breast cancer and be able to describe at least one concept related to breast cancer risk factors, the latest practices and treatment advancements related to breast cancer that can be incorporated into practice as evidenced by a self-reported intent to change practice as stated on the post activity evaluation tool.

EDUCATIONAL METHODS

Didactic Lectures, Panel Discussions, and Question and Answer Sessions

ACCREDITATION AND CREDIT DESIGNATION STATEMENTS

Physicians

Houston Methodist is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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Houston Methodist will award 3.83 Nursing Continuing Professional Development contact hours for this activity. Participants must attend the activity in its entirety and complete the continuing education evaluation.

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Physicians

An email will be sent from learn@houstonmethodist.org with the necessary link to evaluate the activity. You will be prompted to print/download your certificate in PDF format once you have submitted your evaluation.

Nurses

To be awarded up to 3.83 contact hours for this continuing education activity, the participant must:

- o Be sure to check in and complete the sign in process
- o Attend each session in its entirety (Contact hours are awarded only for full day attendance)
- o Complete the evaluation tool. An email will be sent from learn@houstonmethodist.org with the necessary link to evaluate the activity. You will be prompted to print/download your certificate in PDF format once you have submitted your evaluation.

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EXHIBITORS

We gratefully acknowledge the following companies for participating as exhibitors at this activity:

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