



Healthy Environments & Healthy Communities: A Health Care Conference
Oct. 6-7, 2026
TMC Helix Park, Houston, Texas

STATEMENT OF NEED

This activity is designed to bring together health care professionals, industry leaders, policymakers and innovators to explore solutions for building a more sustainable health care system.

TARGET AUDIENCE

This conference is designed for physicians, nurses, nurse practitioners, physician assistants, physical therapists, occupational therapists, speech-language therapists and residents/fellows will benefit from this course.

LEARNING OBJECTIVES

- Explore best practices and emerging innovations in sustainable healthcare practices, including energy efficiency, waste reduction, and supply chain improvements.
- Examine the clinical and financial impacts of integrating sustainability into patient care, with a focus on patient outcomes, staff engagement, and organizational resilience.
- Identify strategies to overcome barriers in implementing sustainable practices across diverse healthcare environments, especially in geographically dispersed hospital systems.
- Foster collaboration and leadership by sharing experiences, tools, and frameworks that enable healthcare professionals to champion sustainability initiatives within their organizations.

ACCREDITATION AND CREDIT DESIGNATION STATEMENTS

Houston Methodist is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Houston Methodist designates this live activity for a maximum of 9.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Houston Methodist is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Houston Methodist will award up to 9.75 contact hours for this activity. Participants must attend at least one session and complete the corresponding evaluation within 30 days. Credit should be claimed only in amounts commensurate with the extent of participation in the activity.

FACULTY DISCLOSURES

Houston Methodist makes every effort to develop continuing education activities that are scientifically based, accurate, current, and objectively presented. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence in Accredited Continuing Education and American Nurse Credentialing Center (ANCC) and Accreditation Council for Pharmacy Education (ACPE) guidelines, Houston Methodist has implemented a mechanism requiring everyone in a position to control content of an educational activity (e.g., directors, planning committee members, contributors, peer reviewers, etc.) to disclose all financial relationships with ineligible companies (companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients) and mitigate any relevant financial relationships prior to the activity. Individuals must disclose to participants the existence of financial relationships at the time of the activity and 24 months prior.

Houston Methodist does not view the existence of interests or relationships with ineligible companies as implying bias or decreasing the value of a presentation. It is up to the participants to determine whether the interests or relationships influence the presenter with regard to exposition or conclusions.

In addition, if contributors will be discussing products (drugs/devices) they have been instructed to use generic names and to include various products within and across classes. If at any time during this activity you feel that there has been commercial or promotional bias, please notify the CE coordinator for the activity and note your comments by using the commercial bias comments box in the evaluation form. Please answer the question about balance in the CE activity evaluation candidly.

Some drugs/devices identified during this activity may have United States Food and Drug Administration (FDA) clearance for specific purposes only or for use in restricted research settings. The FDA has stated that it is the responsibility of the individual physician to determine the FDA status of each drug or device that he/she wishes to use in clinical practice and to use the products in compliance with applicable law.

Faculty members are also asked to disclose any unlabeled use or investigational use (not yet approved for any purpose) or pharmaceutical and medical device products and provide adequate scientific and clinical justification for such use. Physicians are urged to fully review all the available data on products or procedures before using them to treat patients.

All the relevant financial relationships listed for these individuals have been mitigated.

Name	Nature of Relationship	Relevant Financial Relationship(s)
Sadeer Al-Kindi, MD	Consultant Research	Heartflow Ionis

All others in control of content for this activity have no relevant financial relationships with ineligible companies to disclose.